

Spring Menu 1

Two Course Main Meal £2.80 To be served week beginning: 1 Jan, 22 Jan, 19 Feb, 11 Mar

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--|--|---|--|--------------------------|
| Main Course | Katsu Chicken & Wholegrain Rice 1 10 11 | Tuna & Sweetcorn Pasta Bake with Garlic Ciabatta 1 4 9 11 | Roast Pork Loin & Apple Sauce | Mexican Fajitas with Tortillas, Salsa & Guacamole 1 9 | Fish & Chips 1 4 7 9 |
| Vegetarian | Chinese Vegetable Noodles 1 7 8 | Italian Gnocchi with Garlic Ciabatta 1 7 8 11 | Cauliflower & Broccoli Mornay 1 9 11 | Roasted Vegetables with Houmous, Carrot & Coriander Salad, & Flatbread 1 13 | Mac 'N' Cheese 1 9 11 |
| Vegetables | Fine Green Beans & Red Peppers | Tomato, Red Onion & Basil Salad | Baked Potatoes Carrots Peas | Seasonal Salad | Peas Beans |
| Dessert | Fresh Fruit | Fresh Fruit | Banana Custard Crumble 1 9 | Pineapple Slice | Fruity Flapjack 9 14 |

Allergens: 1 (Cereals/Gluten), 2 (Crustaceans), 3 (Molluscs), 4 (Fish), 5 (Peanuts), 6 (Nuts), 7 (Eggs), 8 (Soya Beans), 9 (Milk), 10 (Celery), 11 (Mustard), 12 (Lupin), 13 (Sesame), 14 (Sulphur Dioxide)
Speak to the Catering Manager for specific allergen queries

All Hallows Canteen